

# The Magical Earth Amazon Adventure

A two-week excursion to the Amazon Rainforest to experience ayahuasca, the legendary vine of souls, and learn from the shamanic wisdom-keepers of the sacred forest. Dates: There are two opportunities to experience this adventure in 2009: May & Oct Venue: Off Iquitos, Peru

An Ayahuasca and Plant Spirit Shamanism Adventure to the Amazon Rainforest

To view a slideshow of images from our Adventures, [click here](#)

## NEW FEATURES FOR 2009

We have significantly expanded our programme this year, adding new jungle excursions, new plant medicines, and benefiting from the talents of new master shamans.

We have also reduced our prices, ensuring that this adventure remains far and away the best value for money of its kind (almost 25% cheaper than remotely comparable events). We also offer a new two-trip discount for people who would like to combine their stay in the Amazon with our Cactus of Vision journey to the San Pedro shamans of the Andes.

Email [ross@thefourgates.com](mailto:ross@thefourgates.com) for a free Information Pack, which includes a day-by-day itinerary and more information on the programme, the price, and what's included. A transformative journey

The Magical Earth is an ayahuasca and plant spirit shamanism adventure to the Amazon, giving you an opportunity to experience authentic jungle medicine and ayahuasca ceremonies in the beautiful Peruvian Rainforest.

An event focussed on healing and self-exploration through a unique encounter with the magical powers of nature and the ancient rituals of the Amazonian plant shaman, it provides you with an experience that others have found transformative. Participant Comments:

The two weeks were beyond my expectations and I am recommending it to many people. How rare to have our expectations exceeded in so many ways! From dreary London I say a big Thank You to Ross, the shamans, and of course the plants themselves. It was a truly life-changing two weeks in so many ways Mike, television presenter, health and business coach, UK

I am the happiest man I know. The Jungle did wonders for me! I asked for love, I have received it. I can't see these feelings abating. I learnt so much. I am using much of what I learnt and experienced in my current life. You can't start to imagine how Peru has changed the person I am or brought out the real me. I feel extremely privileged to have met such a wonderful group of people Heath, sales director, Australia

People ask, How was the trip? - and what do you answer? No words can do it justice. There are too many experiences to mention and none would give light on my true feeling and so I stay quiet and allow the knowledge of the journey to sit like a lovely blossoming flower that I know I just need to return to whenever I feel the strains of life. How can I say what really sits inside me or communicate my feelings from the trip... No way! The stillness I feel and the lack of rush is incredible. What we experienced was something so special and life just keeps getting better. Linzi, company director, UK

The Event and What's Included:

The adventure takes place at a dedicated shamanic healing centre in the jungles off Iquitos. Here, we provide the orientation, conditions, and support for your experience of authentic jungle medicine through the healing and insights available from ayahuasca, the legendary vine of souls, and the teachings of master shamans, the mystics of the emerald forest.

There are seven ayahuasca ceremonies, jungle walks to meet the spirits of the plants, the opportunity to diet particular plants and absorb their curative powers, seminars on plant spirit shamanism, excursions into the jungle, and one-to-one healing consultations with the ayahuasceros and curanderos of the plant spirit tradition.

We provide transportation in Peru to the retreat centre, accommodation and food while there, translation services, ceremonies, shamans, workshops, and plant spirit medicines. All you need do is be open to this magical event and the changes it might bring to your life!

Your stay begins with a jungle-style sauna (the Amazonian equivalent of a sweatlodge) to relax and purify you as you leave the outside world behind. Seven traditional ayahuasca ceremonies for cleansing, release, healing, and spiritual

discovery are also included, as well as flower baths, herb baths, and clay baths to restore balance to the soul, and for "flourishing": good luck and success. Daily plant spirit shamanism workshops are offered by Ross and the shamans. There are also river excursions and a visit to Pasaje Paquito, a unique treasure trove of medicinal remedies from all over the Amazon Rainforest.

Your accommodation is natural, comfortable, and features no mod cons like TVs, computers or stereos! This makes your experience as real and authentic as possible and also assists the diet. You can feel the jungle around you, with no distractions to get in the way of your spiritual journey: a true retreat.

Meals are taken together in the main lodge, the traditional meeting place, and all food is natural, fresh, wholesome, and fully in keeping with the diet. On days when we drink ayahuasca in ceremony, it is a traditional requirement that the evening meal is skipped. On all other days you will be served with breakfast, lunch, and dinner. This is included in the price of your retreat.

### Ayahuasca

Ayahuasca is the jungle medicine of the Upper Amazon. It is made from ayahuasca vine (*Banisteriopsis Caapi*) and the leaves of the chacruna plant (*Psychotria Viridis*).

Both are collected from the Rainforest in a sacred way and it is said that a shaman can find plentiful sources by listening for the 'heartbeat' that emanates from them. The mixture is prepared by cleaning the specially-chosen vines and adding the chacruna leaves. It is then brewed with water and reduced for several hours, attended by our shamans who sing sacred songs (icaros) and blow their intention for healing (soplada) into the brew.

When drunk in a ritual context, this mixture becomes a powerful ally that can help us step into the visionary world where information and healing is lovingly provided by the spirits who wish to help us.

Uniquely on this Adventure, you have the opportunity to prepare ayahuasca with our shamans, to learn how to make it, to soplada the mixture with your prayers, and to drink the fresh brew you have helped our shamans make.

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